



KS4 students creating 'Harmony Canvas' with their wellbeing quotes and messages as a part of KS4 Well Being Week



KS4 students proudly displaying their trophies, certificates, and artwork to highlight their talents at the KS4 Talent Expo



TAI CHI



TAI CHI



MINDFUL MEDITATION & LAUGHTER YOGA



ZUMBA

KS4 students participating in different outdoor wellbeing activities guided by the sociology club members from KS5 as a part of KS4 Wellbeing Week

